

# VALLEY STORM

## Let's Go U15 Storm!

My name is Kris Heideman, and I will be the coach for the upcoming Storm U15 hockey season. I am excited about the opportunity to be on the bench for my 13<sup>th</sup> season coaching minor hockey. I take pride in being prepared for practices and games and will expect the same level of commitment from the players.

A goal of mine every year is to ensure players enjoy and look forward to coming to practices. I take practices very seriously and they will form the foundation for the commitment, work ethic and intensity that will carry over into our games. They will be high tempo and engaging for all players. Ensuring that development for each individual player is maximized over the course of the year is important to me.

I strive all the time to achieve a balance between ensuring the kids appreciate the importance, privilege, and commitment from parents required for them to play at the Rep level while at the same time making sure the game remains fun and that expectations are kept in perspective. This year will be a positive experience for players and parents.

We are currently registered for the Pembroke Silver Stick November 21-23. I am looking to register for one more local tournament and two away tournaments. As soon as I have more information for tournaments and tryout dates, I will reach out.

We are looking to ice a competitive team. It starts with ensuring the best 2011 and 2012 born players from the Barry's Bay and Eganville associations are at tryouts. Players will be expected to arrive for tryouts ready to put their best performance forward. I strongly encourage anyone that has any questions they would like answered which would assist in their decision to try out for Storm to contact me and I would be happy to discuss.

Sincerely,

Kris Heideman

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Head Coach, 18 Valley Storm

